

# Bringing *Living* to Aging



# Transform Your *Experience* of Aging

When it comes to senior living, United Active Living does things differently. We are bringing living to aging, by creating communities focused on freedom, choice, and self expression alongside a living experience tailored to you.

We're transforming the status quo with our revolutionary 'United' approach to creating communities that feel like home, with all the perks of a maintenance-free lifestyle. From innovative community design to curated programming, every detail reflects our promise to create inclusive communities, foster freedom of choice, and provide occasions to learn and grow.





“There are so many activities that keep my mind active. I like to learn something new every day and this place really caters to that.” - RALPH

## A Place to Be Yourself

Everything we do starts with you. From adding personalized touches to your spacious suite and dining as you please, to engaging in programming that reflects your interests, it's important to us that you feel at home.

United is a place where you and your spouse or partner can stay together, while accessing care tailored to your unique and changing needs. With beautiful walking pathways nearby, your pets are welcome too!

## An Authentic Community

Enjoy quality time with fellow residents, and create authentic connections with dedicated, professional team members who know you by name, and care about you as a person.

Take part in an unbeatable variety of programming. Delight in exceptional culinary offerings. Engage in enriching experiences beyond expectation.

United Active Living is locally owned and operated, which means we take the time to design exclusive experiences with our community partners including the Calgary Philharmonic, the Wilder Institute / Calgary Zoo, St. Mary's University, Mount Royal University, and many more.

## Quality Beyond Expectations

At United, we worry about the details, so you don't have to. Your spacious suite is equipped with all the conveniences of home: washer and dryer, large closets and storage spaces, underground parking, oversized windows, plus your choice of full kitchen or kitchenette. Utilities, maintenance, and housekeeping services are all included.

Beyond your suite, you'll discover purpose-built amenities designed for your enjoyment:

- Stay active in a fully outfitted fitness studio offering daily classes led by professional kinesiologists
- Create a new project in the expansive art studio with the assistance of trained artists
- Enjoy daily dining in the dining room or bistro with an extensive all-day menu and daily features curated by our talented chefs
- Access additional in-house services including salon, registered massage therapy, dental hygienist, visiting physician, and more





“Everyone is so friendly. My husband and I are enjoying everything about the community.”

- DOROTHY

### Flexible Care, Your Way

Your health and wellness is our number one priority. You'll have access to a team of professionals 24/7 to help you meet your health and wellness goals.

By getting to know you, care services can be customized to support your changing care needs. As your needs change, we change with you.

### Memory Care, Reimagined

United Minds is one of the most revolutionary and progressive memory care services in North America. Using a relationship-centred care approach, residents living with dementia or cognitive decline are free to choose how they spend their time, have the choice to live with a friend or partner, and are fully integrated into the community with unrestricted access to public spaces, programming, and amenities. Our United Minds team offers support focused on each person's unique personality and interests.

Every step of the way, United is here so you can live your best life.



### Welcome to United Active Living

We can't wait to meet you. If you're ready to experience a United Active Living community for yourself, join us for a tour today.

**GARRISON GREEN** 3028 Don Ethell Boulevard SW, Calgary, AB

**FISH CREEK NORTH** 51 Providence Boulevard SE, Calgary, AB

**FISH CREEK WEST** 14720 1 Street SE, Calgary, AB



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