

Friday, March 27:

We continue to be most grateful to our residents and employees for everything they are doing to limit the spread of COVID-19 in our communities. Over the course of the past week we have taken even more stringent precautions to prevent the spread of COVID-19 and to keep our residents and employees healthy.

In addition to the regular updates we have been providing to our residents, their families and our employees, the following is an update on the additional measures we have implemented:

- Our essential visitor restrictions have been expanded to require that in situations where only one essential visitor is required, this can only be one single designated individual;
- Everyone, including employees and those who are designated essential, entering our communities have to complete a Health Assessment Screening. This screening has been expanded to include a temperature check as well as completion of a questionnaire;
- Residents who leave the community for essential purposes will now also complete the Health Assessment Screening upon their return;
- The dining rooms and bistros are closed and we have moved to in-room dining; our full menu offering including our all-day menu, remains in place;
- All communal programming, including fitness classes have been cancelled;
- Our team is providing residents with exercise, art and other programming that can be done in their suites;
- Residents are strongly encouraged to refrain from leaving the community and limit these to essential trips only;
- Residents are being asked to stay in their suites as much as possible, and should residents be in the common areas, they should practice social distancing;
- We are implementing opportunities for residents to be able to access video conferencing calls with their family and friends;
- We are continuing with regular ongoing communication with residents and their families and with our employees;

- We are supporting residents by arranging grocery and essential item deliveries;
- We closely monitor the daily updates that are provided by Alberta Health and are implementing any additional measures that have been ordered or directed.

Like everyone in the Calgary community we were deeply saddened to learn this week that a resident in a Calgary Continuing Care Centre died after testing positive for COVID-19 and that other residents and a staff member have also been affected. This is an unsettling time for everyone, and we know that the additional measures we have introduced are difficult but that they are necessary. We also know we have the unwavering support of our entire United community and that we will get through this together.